

hether you're an employer or an employee, almost every decision you make, and almost every action you take, can affect your safety and the safety of your coworkers. Creating a positive environment to discuss this is vital to creating safer workplaces in Nova Scotia. The *Simple Acts* video and discussion guide can help.

The video and discussion guide support workplace orientation, safety training, staff meetings or tool box talks. *Simple Acts* is designed to support learning about IRS rights, roles and responsibilities. It can help create a positive environment where workplace safety is discussed, understood and acted on.

When it comes to making your workplace safe, everyone has rights and responsibilities. Your level of responsibility depends on your level of authority and control of the situation. That's the central message behind the Internal Responsibility System (IRS).

Nova Scotia's *Occupational Health and Safety Act* is based on the IRS and outlines the three key rights all employees have:

- To know about workplace hazards and how to stay safe
- · To take part in making the workplace safe
- · To refuse work that is not safe

**Simple Acts** demonstrates IRS rights and shared responsibilities in action – we see what commitment to safety looks like and how our roles and the little things we do can have a huge impact. The real drama, although it's not dramatic, is that when we do the right thing nothing happens. Life proceeds as it should. There is no injury, there is no trauma. Everyone works, they do it safely, and they get home. This is what really matters.

## QUESTION & DISCUSSION POINTS

What workplace hazards have you seen or experienced?

What ha	zards do we have here in our workplace?
was a po	<b>Te Acts</b> , the hazard that was reported and controlled porly lit stairwell. What are some other potential of the <b>Simple Acts</b> workplace?

hazard controls as possible.  What three steps were taker	hree times in a row. List as many
family being together at sup	n in <b>Simple Acts</b> that resulted in th oper?
What safety processes/proc success of those three step	cedures had to be in place for the s?
How can all employees (wor a positive safety environmer	rkers and management) influence nt?



## **CONCLUSION**

**Simple Acts** shows us we all have a role to play in preventing workplace injuries. While the hazards we see and identify may seem small to us, the impact of our actions can change the life of someone else. When we understand and commit to workplace safety, we can help make sure this impact is a positive one – where there's no injury and no trauma, where everyone works and goes home safely.

Visit the Nova Scotia OHS Division to find out more about the OHS Act and IRS rights and responsibilities.



