

## Workplace Health and Safety Foundations: Discussion Guide

This resource accompanies the Workplace Health and Safety Foundations slideshow.

What does workplace health and safety mean to you?

What health and safety measures are in place now at your workplace?

What could be worked on?

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What are some examples of how “due diligence” is shown at your workplace?

How does the meeting of workplace safety responsibilities show a duty of care to each other?

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What is the Internal Responsibility System (IRS?)

What are the key health and safety rights all employees have?

What are some key safety responsibilities all employers have?

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How do some safety needs differ by workforce size?

Where can you find information about safety rights & responsibilities?

How can employers and employees work together on health and safety?

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[Small Business Safety Toolkit](#)  
[Workplace Incident Cost Calculator](#)  
[Nova Scotia OHS Division](#)  
[CCOHS – Nova Scotia E-Learning](#)  
[Work Safe For Life](#)  
[Work Safe For Life YouTube](#)  
[SkillsonlineNS.ca](#)  
[CCOHS](#)

<http://wcb.ns.ca/toolkit.aspx>  
<http://wcb.ns.ca/Incident-Cost-Calculator.aspx>  
<http://novascotia.ca/lae/healthandsafety>  
<http://novascotia.ca/lae/healthandsafety/video/>  
[www.worksafeforlife.ca](http://www.worksafeforlife.ca)  
[www.youtube.com/user/NSWorkSafeForLife](http://www.youtube.com/user/NSWorkSafeForLife)  
[www.skillsonlinens.ca](http://www.skillsonlinens.ca)  
[www.ccohs.ca](http://www.ccohs.ca)